

Activity boxes



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1. Astronomy (Swedish, partly in English)

Choose a clear, cloud-free evening. It's a good idea to prepare by reading through the star charts and instructions. What constellations can you see?

2. Badminton

For still days and sheltered places, there are nets to put up, badminton rackets and shuttlecocks.

3. Boccia (Swedish, English)

A good game where you practise aiming and throwing, as well as interplay with others. Or just to pass the time.

4. Boules (Swedish, English)

Challenge your friends to a game of classic boules. There's a boules pitch outside the Barbecue cabin but you can make your own on any suitable gravel area.

5. Fire prevention (Swedish)

Avoid fires and become an ace at fire prevention. There's a plan for keeping up-to-date on how to prevent fires and how to act if fire breaks out. Test how easily – or not – different materials burn, and finish off by smothering a fire with a fire blanket on a manikin. There are guidelines for leaders that are well worth reading in advance.

6. Rounders (Swedish)

All you need before you challenge new friends or old to a game of rounders. Bats, balls, cones, outing base and instructions. Rules only in Swedish.

7. Archery (swedish, english)

Try your hand at archery! There are one bow and a number of arrows that you can borrow. It's very important that you only do this at the designated place or in an open field without people or animals nearby. This activity requires a leader to be in charge.



8. Cyphering (Swedish)

This is the box if you want to learn more about cyphering and encryption so that you can send secret messages. There are three files in the box – one with different cyphers to solve, one with the answers, and one with different cypher keys. This activity can give you ideas for other activities, or can be enjoyed on lazy, relaxing days.

9. Kite-building (Swedish)

Building your own kite combines lots of different skills while it's also a fantastic feeling to see your kite lift and fly up into the blue. You get to practise lashing in mini-format, work out what's needed to get the kite to lift, and re-use something there's an excess of in our lives: plastic bags.

10. Fishing (Swedish, partly in English)

Make your own fishing rod and try your luck in the waters around Ransberg. The box contains fishing line, floats, leads and hooks, as well as pictures and descriptions of common local freshwater fish. Maybe you can catch your own dinner today? Each participant should have a knife and a container for worms. There are also a few casting rods you can borrow.

11. Raft-building (Swedish, English)

Practise lashing so that you can have lots of fun in the water! You mainly practise square lashing and, with the help of blue plastic barrels, poles and lashing cord, the aim is to build a seaworthy raft. Find other raft-building patrols and challenge them to a raft race in the pond! You can borrow barrels, oars, poles and lashing cord.

12. Braiding (Swedish, partly in English)

Braiding is basically a simple craft that can be done anywhere. There are several different knotting techniques to try and challenge yourself with. The bands can then be used as bracelets or why not pimp up your scout shirt with a short band? The box contains all the materials such as thread, scissors, safety pins and instructions.



13. Photo treasure hunt (Swedish, English)

The box contains a list of different places and objects – some very open to interpretation. The task is to take photos of as many objects as possible in a time you specify. Challenge other patrols or friends! You need your own digital camera or mobile phone.

14. Photo relay “Snap ´ n catch” (Swedish, English)

A good way to get to know Ransberg while using up lots of energy. The box contains a booklet with a number of pictures from Ransberg’s campsite area. The task is to find all the places where the pictures are taken and take a new photo of the same place. You need your own digital camera or mobile phone.

15. Frisbee golf (Swedish, English)

There is a 9-hole course round the campsite area, with frisbee baskets. This activity is good for getting to know the heart of the Ransberg campsite area.

16. Geocaching (Swedish, partly in English)

16 A- This box gives you basic knowledge about geocaching and how it is built up around the system of coordinates. You use traditional sat navs, entering the coordinates of where you want to go. The box contains a number of geocaches – “treasures” – to find on the basis of provided coordinates, inside and outside the Ransberg area. There are also materials and instructions for making new geocaches that other people can find. There are four sat navs in the box.

16 B- This box does not actually contain much material or instruction, but suggests you use your smartphone to test your luck and geocache in the surroundings of Ransberg. There are more than 100 caches located here. You use your phone’s GPS and you don’t need to manually use the coordinates as in the box “Geocaching A”. The app you need is called “Geocaching” and to use it you have to create an account. There is a free version as well as a premium version that you pay for to get full access to the whole app. All the caches in the area are also included in www.geocaching.com.



17. Improvisation (Swedish and English)

The box contains a book with several improvisation exercises. Appoint a leader who reads through the exercises in advance and selects the ones suitable for the group if you're not used to impro. Use your own props if you want but it can be good to avoid props completely. It's important to remember that the aim of improvisation exercises is to create a mutual feeling of security in the group.

18. Giant pick-up-sticks/Jack straws (Swedish and English)

Challenge your entire body with this giant version of pick-up-sticks.

19. Giant Yatzy (Swedish, English)

What could be better than a classic game of Yatzy if not a version of giant Yatzy? A large-scale dice game for all sorts of occasions.

20. Klartänkt (Only in Swedish)

21. Knots (Swedish, partly in English)

Knots for everyone, regardless of whether you actually have a purpose for your knot or just want to learn a new party trick. How about learning to tie a "lark head" or a "smuggler's knot"? Cord and instructions are in the box.

22. Croquet (Swedish)

An outdoor game with the aim of hitting a wooden ball in a certain order through a number of arches to markers. It's best to set the pitch up in an area with well-cut grass. Rules in Swedish.

23. Kubb (Swedish and English)

Kubb is an old Swedish outdoor game that is said to originate from the island of Gotland during Viking times. Start a kubb tournament or challenge new or old friends! Accuracy and strategy are key in this game.



24. Lifeline golf (Swedish)

Build your own course, setting the challenge at the right level for you. Maybe you could have two groups building courses for each other? The box contains start and finish markers to mark out the course, and, naturally, lifelines.

25. Macramé (Swedish, English)

Try the old classic craft – macramé. You can make bracelets, things for the home, or other practical objects. The basic technique is simple – a couple different kinds of knots that can be varied endlessly. Get knotted!

26. Mouth organ (Swedish)

Try playing the mouth organ! There are different types of mouth organ to choose from, as well as step-by-step instructions for learning to play in different ways, and simple tunes.

27. Musical instruments

Get your creativity going and try different types of instruments. If there's a few of you, you can maybe play together. The box contains recorders, ukuleles and different rhythm instruments.

28. Rope making (Swedish)

How is rope actually made? Try out simple rope making and see how different ropes can look. The box contains sisal hemp, rope making machine, clamps, board and tools for splicing.

29. Knights game (Swedish and English)

A skittles game in which two teams take on each other with aim of knocking down the lady who is protected by the knights.

30. Role play, Pandemic (Swedish, English)

(Board game) The players are disease-fighting specialists whose mission is to treat disease hotspots while researching cures for each of four plagues before they get out of hand.



31. Scout Stratego (Swedish)

Scout Stratego is a game of cooperation and strategy. The countryside is your pitch, which you choose yourselves. Each team is allotted a “country” and a base is selected as the team’s meeting point. Each team gets 39 game sticks that comprise the team’s “lives”, as well as a flag. The flag is to be hidden in the team’s own country, outside the base, and be visible from a distance of one metre. An exciting game of strategy, preferably played with larger groups divided into 2–4 teams. Four boxes contain teams yellow, red, blue and green. Challenge a Swedish team and make them explain the rules ;)

32. Slackline

That’s the name of the sport as well as the flexible band that the participant balances on. The band is flat and is rigged up between two trees or other fixed anchor points. The tension can be adjusted as required. The first challenge is to keep your balance and gradually move along the line. The activity can then be developed, practising jumps and other tricks.

33. Spinning-tops (Swedish, partly in English)

Try out Taiwanese “spintop snipers”. They rotate like ordinary spinning tops around a central axis, but you spin the top with a cord.

34. Splicing (Swedish)

Splicing is a way of joining two ropes or two parts of the same rope together by interweaving the strands into each other. This box contains different types of ropes as well as instructions.

35. Ultimate frisbee (Swedish, English)

A team sport played with a frisbee on a designated pitch. The box contains frisbees, instructions and pitch markers.

36. Turk’s head mats (Swedish)

Make an attractive mat for hot pans using the Turk’s head technique. The box contains instructions and materials.